

Services

Services include case management and participation in one of the programs below:

- **Are you pregnant?**

- **Do you have a child or children under the age of 4?**

- **Do you need help managing life's many stressors?**

If so, our Supportive Opportunities for Families (SOF) Case Managers may be able to help.

Parents as Teachers



A Parent Educator will provide:

Home visits with the family. Topics covered will include early literacy, child development and parent education.

Home visits include

- Hands-on interactive activities
- Review of handouts and written exercises
- Informal discussion & encouragement
- Educational DVD's
- Parent and child activities

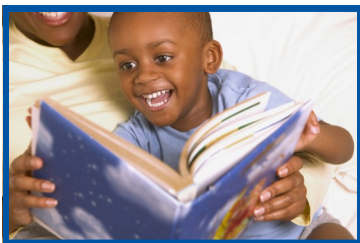
Nurturing Parenting

(9 week class)



Nurturing Parenting Topics cover:

- Nurturing as a Lifestyle
- Improving Children's Self-Worth and Praise
- Developing Empathy in Children
- Expectations & Development of Children
- Positive Discipline Techniques
- Recognizing & Understanding Children's Feelings
- Helping Children Manage their Feelings
- Problem Solving, Decision Making, Negotiation & Compromise



Supportive Opportunities for Families

Services include:

Case Management

Support
Advocacy for Family
Parent Education
Developmental Screenings
Home Visits
Transportation
Welcome Bag

Referrals & Resources for:

Childcare
Employment
Housing/Furniture
Parenting Education
Community Programs
Counseling

To find out if you are eligible
for the SOF program contact

586.218.5283

or

586.541.2273



31900 Utica Road
Fraser, MI 48026
586.541.2273
586.541.2274 (fax)

www.careofmacomb.com

SOF Case Manager Locations

American Lutheran Church
38795 Mulberry
Clinton Township, 48036

Mt. Calvary Evangelical Lutheran Church
8129 Packard Ave.
Warren, 48089

This program is funded in part by the State of Michigan
and the United Way for Southeastern Michigan.



Supportive Opportunities for Families



0-3

Secondary Prevention Services

