



**OF SOUTHEASTERN MICHIGAN**

## JOIN AN ONLINE PARENTING CLASS FOR ANY AGE GROUP IN THE COMFORT OF YOUR OWN HOME!

Parents and caregivers will learn effective, nonviolent discipline techniques and skills to help develop cooperation, responsibility, and self-esteem in their children.

- Stages of development
- Increase cooperation
- Activities to try at home
- For older age groups, information on school success and drug prevention

### FREE class

with 90 Day access to age appropriate eBook included.

**FIRST FIVE YEARS: for parents with children birth to 4**  
**MONDAYS | MARCH 4-JUNE 1**  
**10-12 pm**

**FIRST FIVE YEARS: for parents with children birth to 4**  
**MONDAYS | MARCH 4-JUNE 1**  
**6-8 pm**

**AP School Age: for parents with children 5 to 12**  
**WEDNESDAYS | MARCH 6-JUNE 10**  
**10-12 pm**

**AP School Age: for parents with children 5 to 12**  
**WEDNESDAYS | MARCH 6-JUNE 10**  
**6-8 pm**

**AP Teen: for parents with tweens & teens**  
**THURSDAYS | MARCH 7-JUNE 11**  
**10-12 pm**

**AP Teen: for parents with tweens & teens**  
**THURSDAYS | MARCH 7-JUNE 11**  
**6-8 pm**

**During registration, choose the time that best suits your schedule.**  
**Certificate upon completion of last class of the series.**

**ENROLL ONLINE or CALL CARE 586.541.2273**

[www.careofsem.com](http://www.careofsem.com)



CARE of Southeastern Michigan is dedicated to the prevention of alcohol, tobacco, and other drugs. Federal, state and local funding has been provided through Macomb County Community Mental Health/Office of Substance Abuse and other funding sources to support project costs. Recipients of substance use services have rights protected by state and federal law and promulgated rules. For information, contact CARE of Southeastern Michigan Recipient Rights Advisor, 31900 Utica Road, Fraser, MI 48026 (586) 541-2273 or State Recipient Rights Coordinator, P.O. Box 30664, Lansing, Michigan.

**31900 Utica Rd. | Fraser MI 48026 | 586.541.2273 | CAREOFSEM.COM**